

Morningside's Eco Christmas Challenge!

If everyone in the UK were to put together all their waste from Christmas time, there would be enough rubbish to fill up Big Ben... 1,500 times!



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EcoACTIVE are setting you a special Christmas Eco Challenge:

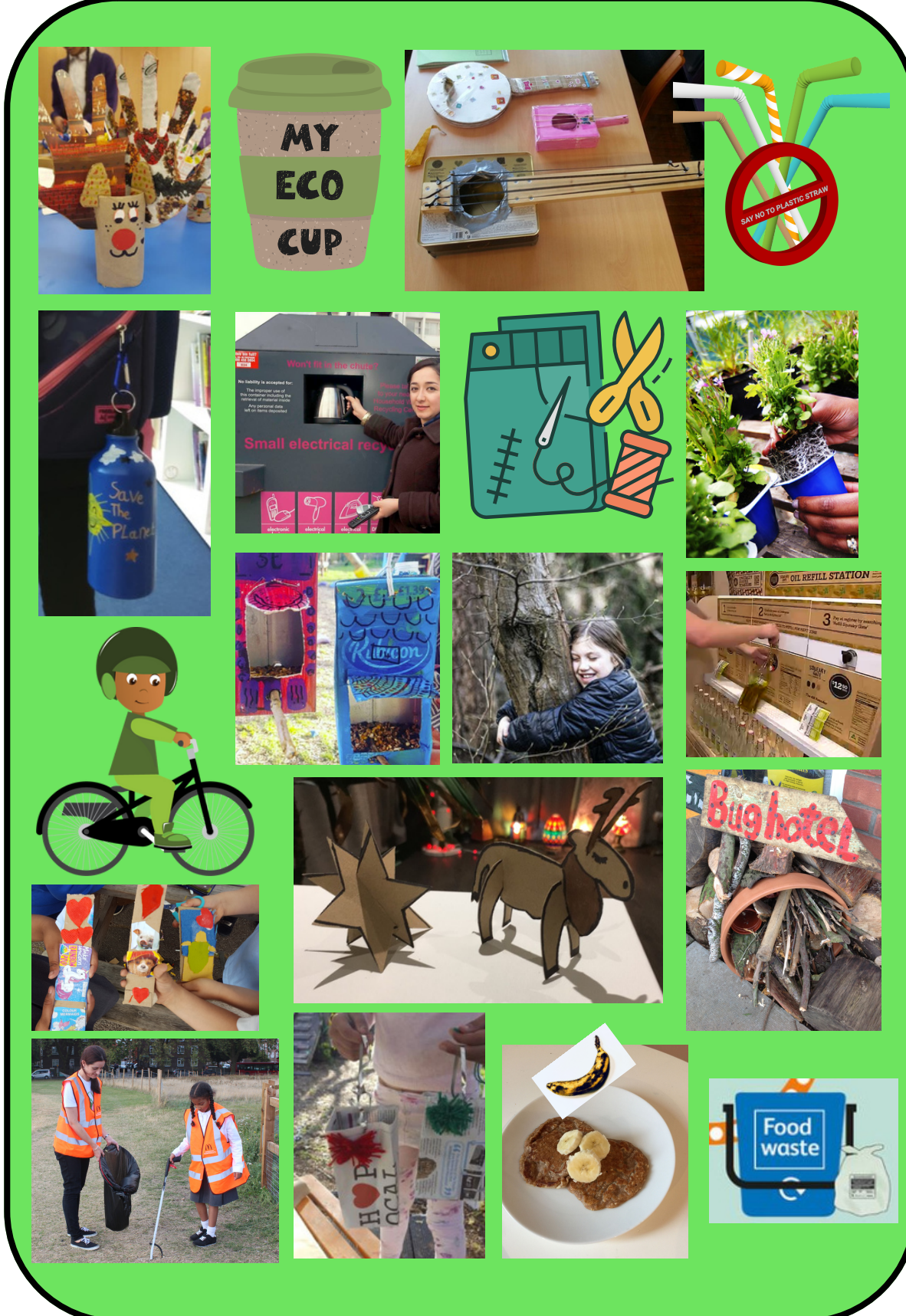
How many eco actions can you tick during this holiday period? Add in any extra ones you do too!

Bring back your completed checklist to school and/or send pictures to: hannah@ecoactive.org.uk

Wishing you all a wonderful and sustainable holiday!



Some eco ideas



Let's go! How many eco actions can you tick?

NAME/S:

Draw/write some eco actions inside these decorations

Reduce/Re-use/Recycle:

- Try making your own eco decorations/crafts re-using waste materials (e.g cardboard stars!)
- Re-use your own bottle instead of buying new plastic ones
- Take your own bag to the shop instead of needing a new plastic one
- Use durable cups instead of throw away ones
- Re-use waste materials to create new things (e.g a flower vase out of a jar/tin!)
- Recycle any food scraps using your food waste caddy
- When shopping, try to buy things which have less packaging
- Try to repair/donate your clothes instead of throwing them away
- Make new yummy recipes with food that would have been binned, or freeze it for later!
- Use an electronics bank to recycle appliances that are no longer working

Bonus points:

- Try walking and cycling instead of using the car
- Turn off the tap when not needing the water
- Try to plant at home and watch your seeds grow! Can you grow some healthy herbs?
- Make a bird feeder or a bug hotel to help wildlife. Can you make its re-using waste materials?
- To save energy, boil the kettle for the amount of water needed...not right to the top!
- Litter pick somewhere nearby and get your friends/family to join!
- Make sure lights and appliances are switched off when not in use
- Say no to plastic straws and cutlery/plates/cups that are used only once and then thrown away
- Save Christmas paper and decorations ready to re-use next year
- Join the Tree Musketeers/Trees for Cities team to plant more trees in London
- *Enjoy time outdoors in nature and tell others what they can to do help the environment!*

Did you do any other eco actions? We would love to know!

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WELL DONE!