

# Morningside's Eco Christmas Challenge!

If everyone in the UK were to put together all their waste from Christmas time, there would be enough rubbish to fill up Big Ben... 1,500 times!



EcoACTIVE are setting you a special Christmas Eco Challenge:

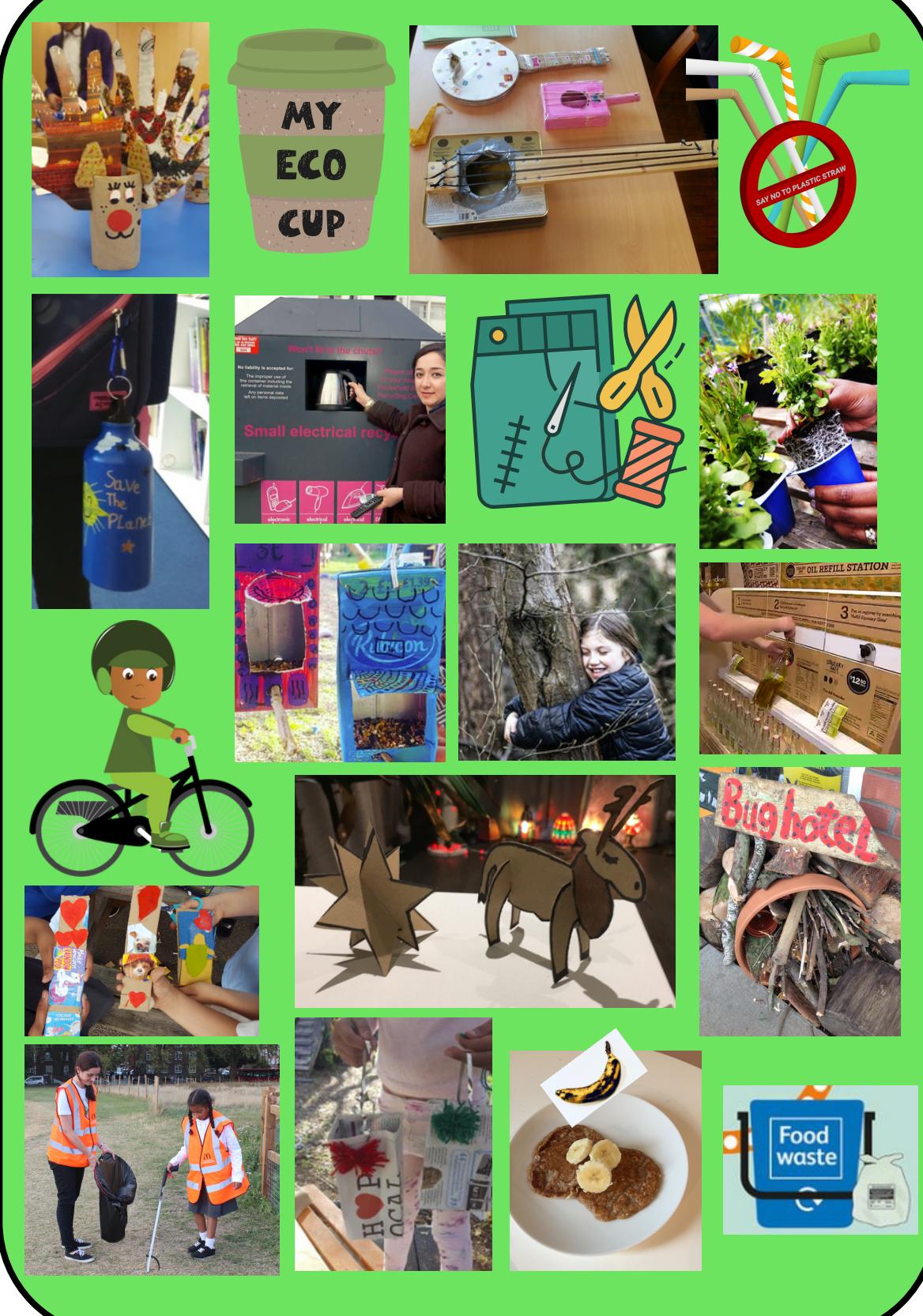
How many eco actions can you tick during this holiday period? Add in any extra ones you do too!

Bring back your completed checklist to school and/or send pictures to: [hannah@ecoactive.org.uk](mailto:hannah@ecoactive.org.uk)

Wishing you all a wonderful and sustainable holiday!



## Some eco ideas



## Let's go! How many eco actions can you tick?

NAME/S:

### Reduce/Re-use/Recycle:

- Try making your own eco decorations/crafts re-using waste materials (e.g cardboard stars!)
- Re-use your own bottle instead of buying new plastic ones
- Take your own bag to the shop instead of needing a new plastic one
- Use durable cups instead of throw away ones
- Re-use waste materials to create new things (e.g a flower vase out of a jar/tin!)
- Recycle any food scraps using your food waste caddy
- When shopping, try to buy things which have less packaging
- Try to repair/donate your clothes instead of throwing them away
- Make new yummy recipes with food that would have been binned, or freeze it for later!
- Use an electronics bank to recycle appliances that are no longer working

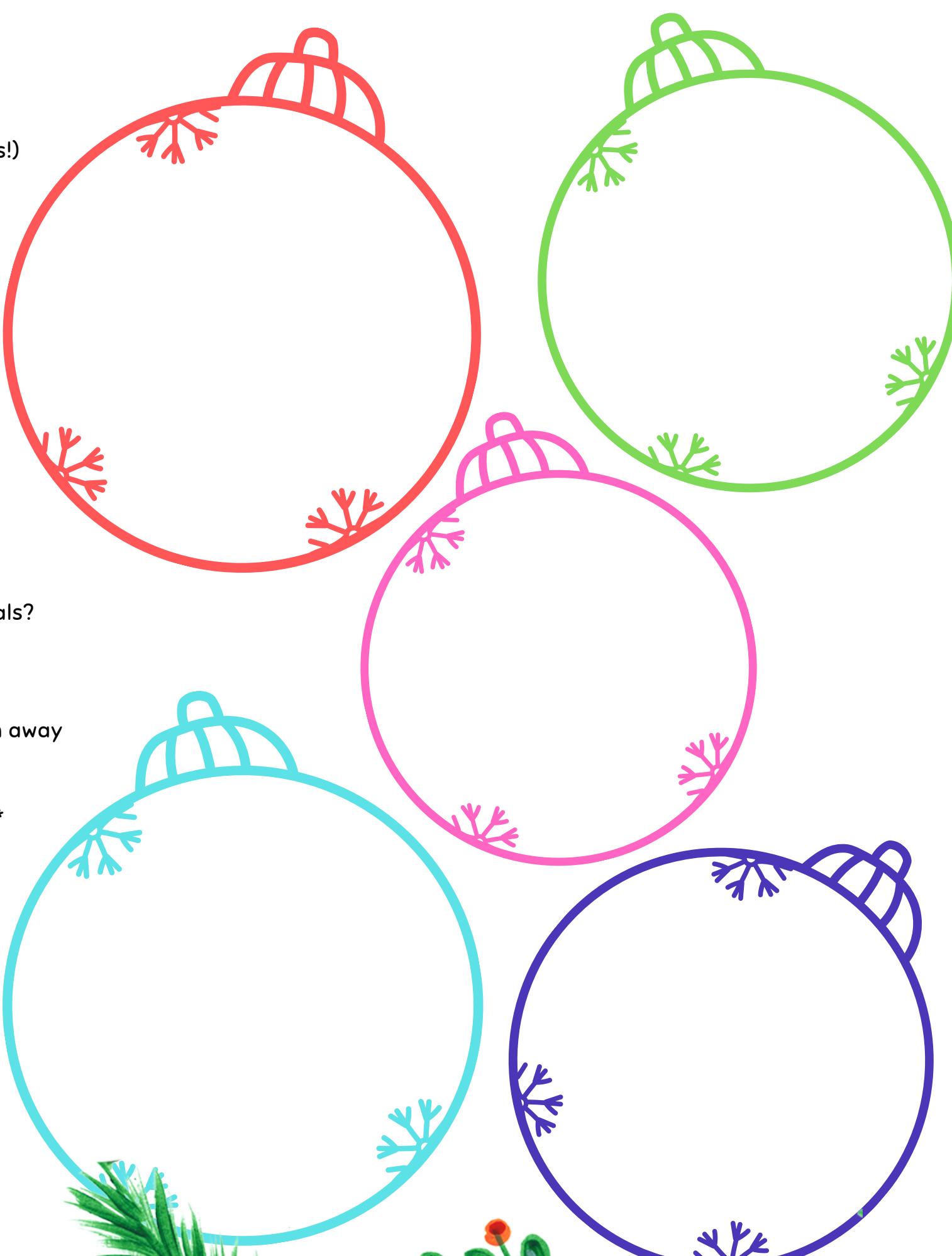
### Bonus points:

- Try walking and cycling instead of using the car
- Turn off the tap when not needing the water
- Try to plant at home and watch your seeds grow! Can you grow some healthy herbs?
- Make a bird feeder or a bug hotel to help wildlife. Can you make its re-using waste materials?
- To save energy, boil the kettle for the amount of water needed...not right to the top!
- Litter pick somewhere nearby and get your friends/family to join!
- Make sure lights and appliances are switched off when not in use
- Say no to plastic straws and cutlery/plates/cups that are used only once and then thrown away
- Save Christmas paper and decorations ready to re-use next year
- Join the Tree Musketeers/Trees for Cities team to plant more trees in London
- \*Enjoy time outdoors in nature and tell others what they can do to help the environment!\*

Did you do any other eco actions? We would love to know!

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Draw/write some eco actions inside these decorations



WELL DONE!