

September/October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2-year-old Rainbow Nursery 8.45am – 11.45am 12.30pm – 3.30pm</p> <p>First Steps 9:00am-12:00pm Psychology support (Referral only)</p> <p>Messy Play 9.00am-10.30am OR 10.45pm-12.00pm OR 1.00pm-3.00pm Limited spaces, you must call to book a place on 020 8525 2400 for Parents/Carers with children 2-5</p> 	<p>2-year-old Rainbow Nursery 8.45am – 11.45am 12.30pm – 3.30pm</p> <p>Out & About to Sutton House Breakers Yard 10.00am-11.30am Meet at Morningside Children's Centre for Parents/Carers with children 2-5</p> <p>Early Bird Parenting Programme with Creche 1.00pm-3.00pm (Referral only)</p> <p>WEA FREE Adult Learning Courses for you to study online Please click on: https://www.wea.org.uk</p> <div style="border: 1px solid black; padding: 5px;"> <p>Adult Education Classes can be booked on https://opportunities.hackney.gov.uk/find-a-course/</p> </div>	<p>2-year-old Rainbow Nursery 8.45am – 11.45am 12.30pm – 3.30pm</p> <p>Tiny Tots Stay & Play 9.00am-10.30am OR 10.45pm-12.00pm Limited spaces, you must call to book a place on 020 8525 2400</p>  <p>Physical Activities including Soft Play 1.30pm-3.00pm for Parents/Carers with children 2-5</p> 	<p>2-year-old Rainbow Nursery 8.45am – 11.45am 12.30pm – 3.30pm</p> <p>First Steps 9:00am-12:00pm Psychology support (Referral only)</p> <p>Music & Singing Together</p>  <p>9.00am-10.00am 10.15am-11.15am 1.00pm-2.00pm 2.15pm-3.15pm for Parents/Carers with children 0-5</p> <p>Yoga for Crawlers & Walkers for Parents/Carers with children 8-16 months</p> <p>3.15pm-4.15pm</p> 	<p>2-year-old Rainbow Nursery 8.45am – 11.45am 12.30pm – 3.30pm</p> <p>Baby Massage 10.00am-11.30am Limited spaces, you must call to book a place on 020 8525 2400 for Parents/Carers with children 6 weeks-8 months</p>  <p>Baby Yoga 1.00pm-2.00pm Limited spaces, you must call to book a place on 020 8525 2400 for Parents/Carers with children 6 weeks-8 months</p> <div style="border: 1px solid black; padding: 10px; margin-top: 20px;"> <p>You must book & attend every week for each short course at the centre</p> </div>