



Date: Friday 19th May 2023

Value of the Week: Respect

**PRIMARY
ADVANTAGE**

SCHOOLS ACHIEVING
MORE TOGETHER



Please make sure that you have the **Marvellous Me** app and that you follow us on social media:



Twitter: @Morningside_ps



Instagram: morningside_hackney



Marvellous Me: marvellousme.com

Important Dates

Family Friday
Every Friday YN-3

Walk to School Week
Week beginning 22nd
May

**How we teach RSE
parent workshop**
Wednesday 24th May

**Break up for May half
term**
Friday 26th May

Return from Half term
Monday 5th June

**Primary Advantage Art
exhibition @ Hackney
Library**
Begins 12th June

Teacher Inset Day
Friday 16th June

Thursday 20th July

Return to school
Y1 - Y6 Tuesday 5th
September

Reception & Nursery
Monday 11th September

PSHE focus this week: Know how to help others when they are upset

In the News this week.....

We have been celebrating Mental Health Awareness week. The focus this year has been on raising awareness of anxiety. Anxiety is a normal emotion in us all, but sometimes it can get out of control and become a mental health problem. Dealing with anxiety can be hard. But there are some things we can do to manage these tough feelings.

This week all classes have been engaging in mindfulness activities discussing ways they can deal with stressful situations and reduce anxiety. The children have been learning different breathing techniques to help them be ready and focused for learning.

Ways you can help at home:

Make conversations about mental health a normal part of life: Anywhere is a good place to talk; in the car, walking the dog or cooking together. Ask open questions: Such as "How did your day go today?" This will help to extend the conversation.

Attendance

It is important that your child is at school every day to make the most of their learning. This is essential for pupils to get the most out of their school experience, including their attainment, wellbeing, and wider life chances. The pupils with the highest attainment at the end of key stage 2 and key stage 4 have higher rates of attendance over the key stage compared to those with the lowest attainment.

Holidays during term time will be not be authorised and you may be fined.

Question of the week: Should all animals be treated equally?

Play at Morningside...



This week, the children have enjoyed planting some new plants in the front playground. They have been amazing helpers, digging holes and watering them. In the back playground, the KS2 children have really enjoyed engaging in some mindful knitting..



Online Safety

How can going online affect our wellbeing?

There are lots of positives for children being online, however there can be negatives too. For some it can become overwhelming trying to keep up with friends, and the pressure can mount.

Many things can impact our online wellbeing, and you can take control of the choices made to reduce any negativity. Being aware of the impact of being online, just like you would be aware of the impact of offline activities, is the first step to managing your children's online wellbeing.

We can:

- manage the content that our children see,
- ensure interactions are suitable
- manage how long they're online, in balance with other activities.

Our learning this week...



Mutual Respect and Tolerance

Seagulls are known for stealing food and can be a nuisance! Not everyone will feel this way. We can show respect to people who have different beliefs and opinions.

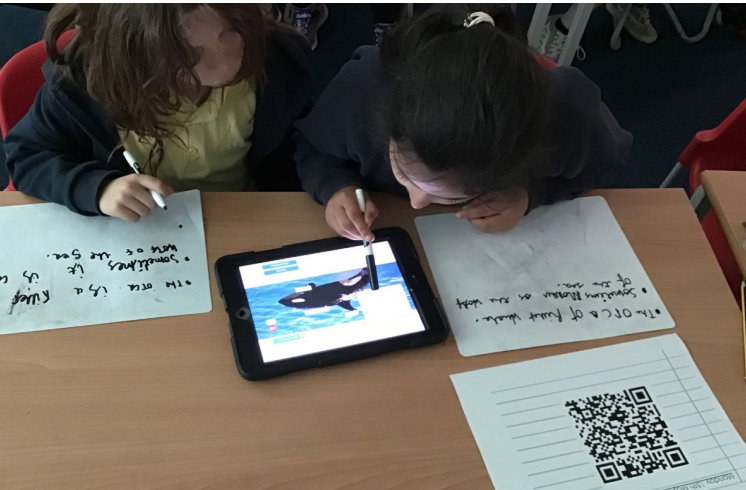
What's happening in the news this week?



Year 1 have been using their scientific skills of observation drawings to record difference in flowers. They are able to name the basic parts of a flowering plant; root, stem, leaf, flower and petal.



Year 3 have been learning about fractions of amounts. They used counters to divide amounts into equal parts.



Year 2 enjoyed being scientists and carried out their own research. They investigated how two different animals (Orca or the Emperor penguin), adapt to their habitats. Later, they recorded their findings in their books.



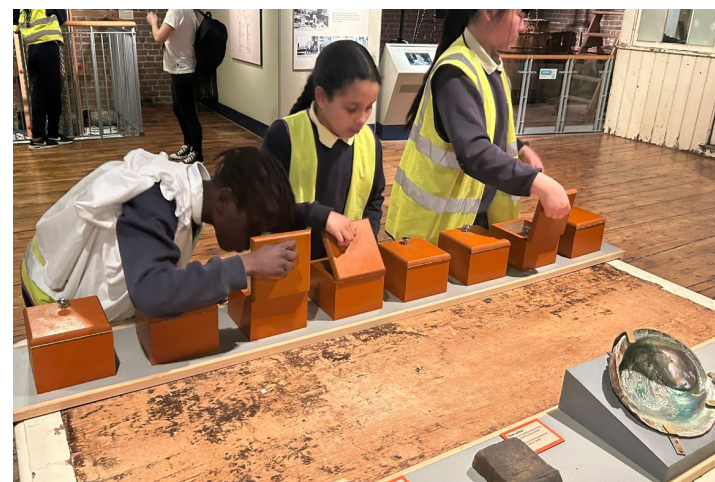
Our learning this week...



In history, **Year 4** are learning about the Romans and became Celtic spies. They spied on the Roman army and reported back to the chief. They were amazing at ordering events about Boudicca, the queen of the Iceni tribe.



In writing, **Year 5** have created travel brochures for Brazil. They have used their prior knowledge from their geography unit to help write information about the ecotourism, climate, and human and physical features. They have been able to answer their key question: What makes Brazil a diverse and unique culture?



Year 6 had an amazing time at the Museum of London Docklands. They learnt about the history of the area which linked with their learning about the British Empire.

Would you like to understand more about county lines in Hackney & Tower Hamlets?

Join our panel of experts for a live webinar



Lindsay Dalton
CEO, Pace



Metropolitan
Police



Sarah Pritchard
Advanced Practitioner and
Consultant

Free webinar for parents & carers

4th July, 7.00 - 8.30pm

Join our panel of experts and find out about county lines in your area, how to keep your child safe and what to do if you have concerns. You will also hear about child exploitation from a lived experience perspective.

- ✓ Learn what county lines and child criminal exploitation is
- ✓ Understand the signs that your child might be at risk or involved
- ✓ Learn how offenders groom and exploit children
- ✓ Understand what is happening in your area

Register: HackneyTowerHamletsParentWebinar.eventbrite.com



Pace
Parents against
child exploitation



Relationship and sex **EDUCATION** Parent Workshop

What?

Jo Smith will be running a parent workshop on the 24th May at 9.10am to share our curriculum and school approach to teaching relationship and sex education

Who?

The workshop will be delivered by Jo Smith (Headteacher)

When?

Wednesday 24th May 2023
9:10am

Where?

Morningside Primary School
Main Office Training Room

