



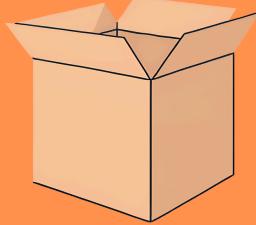
Try a new exercise or sport



Read a book from start to finish



Arrange a visit to a friend or relative



Make something with a cardboard box



Arrange a picnic



Go swimming



Build something with Lego or similar



Play a board game



Go to a park



Visit a museum or library



Bake something



Go on a walk with family or friends

MORNINGSIDE SUMMER UNPLUGGED CHALLENGE

HOW MANY CAN YOU COMPLETE?